

WV CSO Curriculum Planning Tool

Fifth Grade Physical Education

Obj.#	Objective	Projected Date	Actual Date	Date Assessed	Date Re-Taught	Date Re-Assessed
PE.5.1.1	overhand throw					
PE.5.1.2	dribble					
PE.5.1.3	strike with an implement					
PE.5.1.4	movement and dance sequences					
PE.5.1.5	jump sequences with partner					
PE.5.1.6	simple dances					
PE.5.2.1	critical elements of dribbling					
PE.5.2.2	critical elements of dance sequences					
PE.5.2.3	critical element to provide feedback					
PE.5.2.4	implement appropriate practice					
PE.5.3.1	maintain an activity log					
PE.5.3.2	describe healthful benefits of physical activity					
PE.5.3.3	lifestyle behaviors					
PE.5.3.4	school and community programs					
PE.5.3.5	cooperative team building					
PE.5.3.6	importance of teaming skills					
PE.5.4.1	fitness standards					
PE.5.4.2	the five fitness components					
PE.5.4.3	F.I.T.T. principle of exercise					
PE.5.4.4	warm-up and cool-down procedures					