

WV CSO Curriculum Planning Tool Fifth Grade Health

Standard	Obj.#	Objective	Projecte d Date	Actual Date	Date Assessed	Date Re- Taught	Date Re- Assessed
Standard 1: Promotion & Disease Prevention	HE.5.1.1	five aspects of total wellness					
	HE.5.1.2	nutrition & health risk factors					
	HE.5.1.3	dangerous situations					
	HE.5.1.4	organisms cause diseases					
	HE.5.1.5	physiology and functions of the body systems					
	HE.5.1.6	environmental dangers					
Standard 2: Health Information & Services	HE.5.2.1	community agencies					
	HE.5.2.2	legal and illegal drugs					
Standard 3: Health Behaviors	HE.5.3.1	risky or harmful behaviors					
	HE.5.3.2	hygiene & dietary practices					
	HE.5.3.3	managing stress					
	HE.5.3.4	nutritional value of foods					
Standard 4: Culture, Media & Technology	HE.5.4.1	risk behaviors seen on TV					
	HE.5.4.2	eating disorders					
	HE.5.4.3	cultural differences of health practices					
	HE.5.4.4	respect people's differences					
Standard 5: Communication	HE.5.5.1	non-verbal expressions					
	HE.5.5.2	coping mechanisms/conflict resolution skills					
	HE.5.5.3	practice active listening skills					
	HE.5.5.4	ways to say "No"					
	HE.5.5.5	asking for help in an emergency					
	HE.5.5.6	practice assertiveness and refusal skills					
Standard 6: Goals & Decision Making	HE.5.6.1	analyze disease prevention					
	HE.5.6.2	strategies to change an unhealthy behavior					
Standard 7: Advocacy	HE.5.7.1	personal vaccination					
	HE.5.7.2	family menus					
	HE.5.7.3	personal food choices					
	HE.5.7.4	prevent and control disease					

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