

WV CSO Curriculum Planning Tool

**Fourth Grade Physical Education**

Standard	Obj.#	Objective	Projected Date	Actual Date Taught	Date Assessed	Date Re-Taught	Date Re-Assessed
Standard 1: Movement Forms	PE.4.1.1	dribble and kick an object					
	PE.4.1.2	strike an object using a racquet					
	PE.4.1.3	long-handled implements					
	PE.4.1.4	traveling, balancing, & rolling					
	PE.4.1.5	jump a single rope continuously					
	PE.4.1.6	chasing, fleeing, and evading					
	PE.4.1.7	in time to music					
Standard 2: Development of Motor Skills	PE.4.2.1	kick, catch, throw, dribble					
	PE.4.2.2	component for dribbling					
	PE.4.2.3	component terminology					
	PE.4.2.4	practice to improve performance					
Standard 3: Physical Activity	PE.4.3.1	physical activities outside school					
	PE.4.3.2	physical activity outside school					
	PE.4.3.3	personal physical activities					
Standard 4: Physical Fitness	PE.4.4.1	fitness standards					
	PE.4.4.2	fitness components					
	PE.4.4.3	fitness assessment					
	PE.4.4.4	cardiovascular fitness					
	PE.4.4.5	F.I.T.T. principle of exercise					
Standard 5: Responsible Personal & Social Behavior	PE.4.5.1	work independently					
	PE.4.5.2	safety procedures					
	PE.4.5.3	work cooperatively					
	PE.4.5.4	group activities					
	PE.4.5.5	accept others					

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