

Student / Parent Information Child Nutrition

All students in Barbour County will receive free breakfast and free lunch during the 2024-2025 school year. Barbour County Schools offer these meals through participation in the Federal Child Nutrition Program and the Community Eligibility Provision (CEP).

Good Nutrition and learning go hand in hand! The Child Nutrition Department is made up of a team of food and nutrition professionals that are dedicated to students' health, well-being, and their ability to learn. We support learning by promoting healthy habits for lifelong nutrition and fitness practices.

Meals, foods, and beverages sold or served at schools meet state and federal requirements which are based on the USDA Dietary Guidelines. We provide students with access to a variety of affordable and appealing foods that meet the health and nutritional needs of students.

Teachers, staff, adults, and visitors may purchase meals through the Child Nutrition Department. Full-time teachers and staff may charge for their meals and will be invoiced at the conclusion of each calendar month. All invoices should be paid by the due date printed on the invoice.

Meal Cost (Teachers, Staff, Adults, and Visitors)	Breakfast - \$2.35
	Lunch - \$3.50

Wellness Policy

Each school promotes nutrition education and physical activity through implementation of Barbour County Schools Wellness Policy – [Policy 4200](#). Our Wellness Committee is incorporated within our Local Improvement Council (LIC). Part of our commitment to providing a healthy environment, all foods that are part of fundraising, rewards, and celebrations must meet the requirements of [WVDE Policy 4321.1](#)

Click on this link to see our most recent assessment of the Wellness Policy – [Barbour County Schools Wellness Triennial Assessment 2024](#).

Offer vs Serve

Offer vs Serve (OVS) is a system to provide students with more autonomy and choice in their meal selections while reducing food waste. Under OVS, students are offered a variety of food components at mealtime, but are allowed to decline certain items they do not wish to consume, while still being provided a complete meal. **Complete Meal Components:** Each meal served in our school's nutrition program consist of food components: fruits, vegetables, grains, proteins, and milk. **Student Choice:** Students are encouraged to choose the foods they want to eat from the available components. Students must have three separate food items at breakfast and 3 of 5 food components at lunch.

Share Tables

All Barbour County Schools will be offering a share table. The purpose of the share table is to further reduce food waste and to reduce food insecurity for students. Student may place unopened food on the share table and may pick up food from the table as needed. The share table will follow the Barbour County Schools Guidelines for [Share Tables](#).

Nondiscrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language) should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(833) 256-1665 or (202) 690-7442; or
3. **email:**
program.intake@usda.gov

This institution is an equal opportunity provider.